YEARS 7 SPORT NEWS

The Year 7 external sport program is now under way during double sport periods. Students from all classes have started their tennis program this term and already students are seeing the benefits of this by learning new skills and being part of the program run by professional coach Tim. Students need to remember to bring $4 each fortnight. This should not be confused with the $55 payment which needs to be paid to the front office to cover bus travel costs. Bus travel begins in Term 3 when students are heading to Superstrike Rutherford and then Maitland Pool in term 4. There is also a class competition running to see which class can be the first to pay their $50, prizes are available to each student in the class who all pay their bus fee this term. It is essential that all Year 7 students have returned their sport note signed by their parents to allow them to leave school grounds and be part of this exciting sport program.

There is another fantastic opportunity available for Year 7 this year with Ms Thompson currently in the early stages of planning a year group excursion to Springloaded Trampoline Park. The excursion will be during Term 4. The cost will be notified to parents through the newsletter when all details have been finalised.

Mr Nick Bower
SENIOR EXECUTIVE REPORT

After a fairly disruptive start with the storms, and further construction issues, we have settled down to a very busy term. During this term all students will receive their Semester 1 reports. This will give parents important feedback on their students’ progress thus far.

Year 8 students will soon be making choices about their stage 5 electives. It is important students choose subjects that they are interested in. The electives they choose are two hundred hour courses so it is important they select a subject they enjoy and are prepared to study for two years.

Years 7 and 9 are to be congratulated for their application to NAPLAN and the excellent conduct they displayed throughout the process. Year 7 in particular are impressing within the school, not only with their adaptability to big whole year group events like this, but for their behaviour throughout 2015. Their behaviour has set them apart and should this trend be maintained, significant rewards could be on offer.

Year 10 students will be asked to make choices about their senior pattern of study toward the end of this term. They will be supported through this process with an information booklet on all subjects (which is currently being put together). Students can follow an academic or vocational pathway depending on their interest. An information evening for parents and students will be held on Wednesday 10th June.

It is important for Year 11 students to remember that the preliminary year is only three terms long, which means they are half way through their courses. N-Award Warnings may start to accumulate into insurmountable amounts of work to catch up on and transition into Year 12 relies on satisfactory completion of Year 11 requirements. Already it has been necessary to offer support to some individuals but if you have concern regarding your child’s progress, please contact the relevant Year Adviser. Students should remember to be familiar with the school’s senior assessment policy, with particular attention to illness and misadventure processes.

Year 12 are heading towards their Trial Higher School Certificate. They should be following a regular study program to keep on top of assessment tasks, class work and a revision schedule. Students having trouble keeping up to date with work need to approach staff for assistance. Please talk to your class teachers and Year Advisors if you need support.

It is at this time of year our school uniform often deteriorates. We would like to remind you that black shorts and black tights are not a part of our school uniform. Please ensure if you are cold you are wearing a navy jumper. Uniforms can be purchased from the uniform shop,

SCHOOL SHOE REQUIREMENTS
The school must abide with the WH&S safety rules that are now law in all DEC schools across the state. When purchasing your child’s footwear, use the following images as a general guide.
All shoes MUST be full leather, black shoes. Our uniform code states that these shoes are to be worn on all school days except Thursday, when full leather sports shoes must be worn.
- Correct Footwear – for use with our school uniform – black leather, lace up shoes. Must not extend over the ankle or have a platform. The leather must cover the whole foot for safety.

Incorrect Footwear – Due to WH&S policy and the safety of your child slip on shoes and shoes that do not cover the whole foot are NOT acceptable.

Simone Hughes
Deputy Principal
STUDENT ATTENDANCE
Research has proven that there is a high correlation between school attendance and academic performance and success, while absence from school is often the greatest single cause of poor performance and achievement. Parents can help to promote the value of education by making sure that your child goes to school regularly and arrives on time. If your child starts missing school, work with the school to put things right by contacting the school and speaking with a year adviser or the Head Teacher Welfare.
This term we will be conducting student interviews with all students whose attendance is currently of concern. These interviews will be conducted by Home School Liaison Officers who are employed by the DEC to work with students in improving attendance. Interviews will be of a supportive nature, with the view to identifying reasons why students are absent, and ways in which the school can support students to improve their current rates of attendance.
If you have any concerns regarding your child’s attendance please contact the school.
Kris Turner
Relieving HT Welfare

YEAR 7 REPORT
Jess Harvie of 7A has had a busy start to her time at RTHS across a variety of sports. The former Telarah PS student has already represented her school at the Coalfields Zone Cross Country Carnival, which was held at Cessnock Racecourse for the first time this year. At that carnival she came 6th which meant she then progressed through to the Regional level where she raced at Broadmeadow Racecourse. In a tough field of runners she ended up finishing 46th.
Jess has also been selected to play in the Girls Bill Turner Cup soccer team which is for U15 players, she currently plays for the Rutherford FC U13 team on weekends and she is also part of the Girls Rugby League TSP group which train each Thursday during periods 3 and 4 at school.
Jess is no stranger to sport as she was part of teams at her primary school for sports including AFKL, Soccer, Hockey, Netball and Cricket as well as participating in zone carnivals for swimming and athletics.
She has already made some new friends at high school and says that she enjoys the opportunities available to her to play such a range of sports at RTHS.

YEAR 10 REPORT
This term will be a busy one for Year 10 who have a number of school events that they are participating in such as Plan it Youth, visits to the Maitland Senior Citizen Centre, Yearly exams for both Maths and Science, and subject selection night. A reminder to Year 10 students who wish to attend their yearly excursion are encouraged to submit their expression of interest form into Mr Buckey who is planning a camp. We also welcome back Kiarra Tilden who spent three weeks away at Venice and Turkey as an ambassador for our school as part of the 2015 Hunter Valley Combined Students Gallipoli Tour. Here are a few notes from Kiarra on her experience:
"It was a trip of a lifetime. It made me appreciate what the ANZACS fought for. I toured all around the Gallipoli Peninsula and it gave me a new perspective of what it means to be Australian."

Jessica James
Yr 10 Assistant Year Advisor
YEAR 8 TERM 2 UPDATE

Year 8 have continued making fantastic progress this term, adding to the great start to the year from all students. On the 20th and 21st May, year 8 spent some time out of class going through a REACH workshop. These workshops focused on social and emotional awareness and development. All classes that went through showed fantastic participation and were observed gaining a new understanding into the lives of others with many being deeply impacted.

A reminder that the rescheduled school Athletics carnival is on this Monday 25th May, at Maitland Sportsground. Students can be dropped off from 9:00am and picked up from the field before 2:30pm, or catch the bus to and from school which will cost $4. Fingers crossed for better weather!

In exciting news, notes for year 8 camp will be coming out this week. We will be travelling to the Great Aussie Bush Camp at Tea Gardens for 3 days of fun, challenges and adventure. The confirmed dates are Monday 31 August, to Wednesday 2nd September, (Week 8, Term 3). This camp is loads of fun, with all students encouraged to attend. The cost of the camp will be $239.80 + cost for bus. This includes accommodation, all meals and activities.

Mr Josh Potapczyk
Year 8 Assistant Advisor

ROTARY NEEDS YOUR HELP

If you are in Year 8 or Year 9,....

Would you like to spend 3 months in New Zealand?
Would you be interested to see what it is like going to school in New Zealand?
Would you like the opportunity to travel in New Zealand?

Then check out: http://www.ranzse.org/

If you are interested in taking advantage of this chance then Rotary is very willing to support you. This is an opportunity of a lifetime to experience a Rotary supervised exchange program, three months in New Zealand then three months back home with a NZ student at your school. The program is called RANZSE (Rotary Australian New Zealand Student Exchange) and our local Rutherford Telarah Rotary Club is highly supportive of this program for our students.

You can follow this up in several ways: contact gillianweatherall@gmail.com or see Mrs Porter in the Common Room.
YEAR 7 SPORT - “PAY AND WIN”

To cover the costs of the Year 7 Sport program – a fee of $55 is required to be paid to the front office. This fee was outlined in the student fees schedule from the beginning of the year, the program aims to access off-site facilities from Term 2 onwards. This fee is now overdue and prompt payment to the front office would be appreciated.

To encourage this payment, the PDHPE Department will be offering a number of prizes to students who have paid the amount in full.

$5 canteen voucher – to every paying student in the first class to have 80% or higher returned payments.
$20 i-tunes gift voucher for one paying student in each of the six Year 7 classes.

This fee covers bus hire for Ten Pin Bowling and travel to Maitland Pool for the Swimming Program in Term 4. Without these fees, the activities in the Year 7 sport program may need to be withdrawn. Your assistance in making prompt payment is appreciated.

PDHPE Faculty

THE VOLUNTEERING CONTINUES for the MAITLAND SENIOR CITIZENS

Madelin Ritter, Paris Bristowe, Alyssa Avery and Emily Allsop have continued this term with the computer tutoring of senior citizens at the Maitland Senior Citizens Centre. The students share their time among the thirty or so seniors who attend every Tuesday morning to improve their computer and technology skills.

Well done girls, you are great ambassadors for the school.
WELFARE REPORT

Attendance
Did you know that if a student misses as little as eight days in a school term, by the end of primary school they will have missed over a year of education?
If you child is absent from school parents are legally required to notify the school, explaining the absence, within 7 days. This can be done in a number of ways:
- **Phone or email** – If you know your child is going to be away from school please contact the school via phone (02 49325999) or email (rutherford-h.school@det.nsw.edu.au)
- **Letter** – on the day your child returns to school after an absence send a note explaining the absence. This note can be handed in at the school Administration Office.
- **Reply to SMS** - the school sends out an SMS message each day to notify parents that their child is absent. Please reply to the SMS stating if your child is absent due to sickness or family business.
- **Please note** – you can only reply to an SMS on the day it is sent, as the SMS number is only active for that day.
If you are having trouble getting your child to attend school please contact Kris Turner the Head Teacher Welfare who is responsible for whole school attendance.

Mental Health Information Evening
Maitland High School is hosting a Mental Health Information Evening with guest speakers from CAMHS, Headspace Maitland and the Youth Mental Health Project - for parents and young people on June 18th 6-7:30pm.
The invitation is open to all parents and young people. For further details see the information flyer located below.

Year Group Excursions
Year 7 -10 year advisers are currently in the process of planning excursions for each year group to be held later this year. The aim of these events is to give students an opportunity to interact and communicate with others in their year, by participating in team building, recreational type activities. This can help students with expanding their friendship groups, building confidence and self-esteem, and problem solving by participating in activities they may not normally get the chance to do in the normal classroom environment. Final venues and organisation for some year groups is still in the planning stage and year advisers will confirm details as the year progresses. The plans at this stage include:
- Year 7 Springloaded
- Year 8 Great Aussie Bush Camp
- Year 9 Wet’n’Wild
- Year 10 Expressions of interests regarding an overnight camp are currently being sought from parents/students.

Kris Turner
Head Teacher Welfare (Relieving)
JAPAN TRIP REPORT
During the Easter holidays myself and Mr Fean had the pleasure of taking 13 of our students to Japan for 12 days. During the trip we stayed in Tokyo, Miyajima and Kyoto. During the trip we visited many places such as the Studio Ghibli museum, Harajuku, Tokyo Disneyland, Hiroshima to name a few. Over the next few newsletters we will be asking the students who went to write about their experiences. I would like to take this opportunity to say how impressed I was with our students on how they conducted themselves while we were overseas. Although the days were filled with a lot of travelling and walking, they never complained and were always polite and courteous to all. I would also like to take this opportunity to thank Mr Fean for all his assistance while we were away as well as to Mr Buckie, Mrs Wicks and Mrs Hughes who also joined us on the trip and were a great help to me in organising our students.

Ms Thornton

Japanese Teacher/Year 11 Advisor
NEW DATES FOR VACCINATION AT RUTHERFORD TECHNOLOGY HIGH SCHOOL

Year 7 Boys and Girls and Year 11 & 12 students.

Due to the extreme weather conditions and flooding at the start of Term 2, Hunter Health has now amended the RTHS schedule for vaccination. It will be held in the library on the following days.
Round 2 – Wednesday 20th May 2015.
Round 3 – Wednesday 9th September 2015.
The vaccinations are for:-
Year 7 Boys & Girls - HPV Dose 2
(Chickenpox and DPT was given in Round 1 – if student require these then can be caught up).
Year 11 & 12 - MMR (Measles, mumps & rubella.) Only for students who have NOT received 2 doses previously.
Please ensure that the student’s Medicare number is listed so that the nurses can check the number of doses already received.
Any student who have not returned their forms can come and see Mrs Young in Science. If there are any questions, please contact me at school on 49325999.
Anne Young

RED SHIELD APPEAL AND THE SALVATION ARMY.
Congratulations to the 20 students who are willing to volunteer their weekend time to support the Salvation Army in their ‘Red Shield Appeal’ fundraising on May, 30th-31st. You may see these students dressed in their school uniform at local shopping centres like Rutherford and Telarah or at sporting fields for junior football, netball, league or at Masters or at our fast food outlets holding a collection bucket. Support them by throwing in all your loose change or loose notes.

“BAKERS DELIGHT” AT RUTHERFORD, SPONSOR OF THE BREAKFAST CLUB.
The staff and students who are involved in the Breakfast Club would like to acknowledge the generosity of ‘Bakers Delight’ at Rutherford who now provide us with bread. There are many local businesses who donate their time, service or products to our school. In return we express our appreciation and hope our school community can reciprocate.
CALVES TO SHINE A LIGHT ON DAIRY CAREERS.
Calves are helping to shine a light on dairy industry careers through Dary. Australia’s innovative school program: COWS CREATE CAREERS – Farm Module. This 6 week program aims to increase the awareness of dairy industry careers in a very hands on way. Two weeks ago, two three-week old calves were delivered to the Agriculture plot at school and since then students have been feeding, grooming, leading the calves. They will continue to monitor and collect data on the progress of the calves and then produce a 3D model presentation based on their results and research. In June, participating Hunter schools attend a Presentation Finale at Tocal. The program has strong support from dairy farmers and is funded by Dairy NSW, Devondale, Vella Stockfeeds, Provico and Genetics Australia. Tocal is a strong supporter of the program here in the Hunter.

EX-STUDENT DAVID HARRIS TO WOW AUDIENCES IN USA.
David Harris, acclaimed Australian actor whose first stage performances occurred here at Rutherford High as Superman in the school production Man of Steel, will soon take a leading role in a new American production of the French revolutionary classic, Les Miserables. Harris has starred in the Australian productions of Wicked and Miss Saigon. He has won the Green Room Award for Best Actor in a Musical and has been described as “one of Australia’s most acclaimed leading men” by US media.

(Daily Telegraph Sunday, May 10, 2015)

Photograph acknowledgement
Catherine Lambert, Herald Sun, Aug 05, 2014

FAMILY FUN NIGHT
Please join Rutherford Technology High School to raise funds for Year 12 Farewell
26th May 2015 - 6pm until 7pm
@ Rutherford McDonald's
10% of Sales from Front Counter, McCafe, Drive Thru will be donated to RTHS
RYDA ROAD SAFETY EDUCATION – YEAR 11 FIELD TRIP

On Friday 19th June 2015 all students in Year 11 will participate in the Ryda Road Safety Education field day at Tocal College. With a kind sponsorship from Rutherford-Telarah Rotary, the cost per student is only $15 (actual cost is in excess of $60). This highly engaging and interactive program is an excellent opportunity for your child to gain invaluable education and insight into the dangers on our roads and how to prepare for a lifetime of safe driving.

Further and more detailed information will be handed out to all Year 11 students in a permission note. Please note that this program qualifies towards the compulsory 25 hour “Crossroads” course that all students must complete in Year 11.
‘LAST’ REPORT

The Literacy and Support Team at Rutherford Technology High School work closely with the students. Here are some useful ways to identify aspects of your child’s reading skills.

POOR READERS
Before Reading
Begin to read without thinking about the topic
Do not know why they are reading
Lack of interest and motivation to begin reading
Have little sense of how the BIG ideas will fit together

During Reading
Over-attend to individual words: miss salience
Read slower and at the same rate of speed
Have difficulty concentrating, particularly during silent reading.
Unwilling to ‘risk’ easily defeated by words and text
Unable to construct efficient strategies to monitor comprehension
Seldom use a ‘fix-it’ strategy; plod on ahead, eager to finish
Read progress is painfully slow

After Reading
Do not understand how the pieces of information fit together
May focus on the extraneous, peripheral
See reading as distasteful

GOOD READERS
Before Reading
Think about what they already know about a subject
Know the purpose for which they read
Are motivated or interested to begin reading
Have a general sense of how the BIG ideas will fit together

During Reading
Pay simultaneous attention to words and meaning
Read fluently
Concentrate well while reading
Willing to ‘risk’ encountering difficult words and able to grapple with text ambiguities
Construct efficient strategies to monitor comprehension
Stop to use a ‘fix-it’ strategy when confused
Reading skills improve

After Reading
Understand how the pieces of information fit together
Able to identify what’s salient

P & C MEETING
The next P & C meeting will be held on 17th June at 6pm in the new administration block interview room. All are welcome to attend. New families are especially encouraged to attend. It is a good way to hear what is happening in the life of your children and to meet other parents in an informal way.
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Choose the Membership that suits you!
Choose the printed Entertainment™ Book with Gold Card and Vouchers, or the Digital Membership that puts the value of the Book on your Apple or Android device.

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<tr>
<th>BOOK</th>
<th>DIGITAL</th>
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<tr>
<td>You tend to make spontaneous dining decisions</td>
<td>✔</td>
</tr>
<tr>
<td>You don’t have an Apple or Android smartphone</td>
<td>✔</td>
</tr>
<tr>
<td>You never leave home without your smartphone</td>
<td>✔</td>
</tr>
<tr>
<td>Your family shares the Entertainment™ offers</td>
<td>✔</td>
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</tbody>
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Rutherford Technology High School P & C Association
Contact: Lexi Fitzgibbon Phone: Email: lexi.fitzgibbon@det.nsw.edu.au

To order your Book or your Digital Membership securely online visit:
www.entbook.com.au/3k4872

Alternatively, please complete your details below:

Name: ___________________________ Phone: ___________________________ Email: ___________________________
Address: _____________________________________________________________ State: ___________________________ Postcode: ___________________________
Newcastle Edition $60 Including GST: # __________ Book(s) □ Post my order $10.50 TOTAL ENCLOSED $_____
Payment type: __ Visa __ Mastercard
Credit Card number: _______/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/_____/___
## Canteen Menu

**Effective from Term 2 - 2015**

<table>
<thead>
<tr>
<th>ITEM</th>
<th>PRICE</th>
<th>DRINKS</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salad Roll</td>
<td>$4.20</td>
<td>Moove Milk 500ml</td>
<td>$3.00</td>
</tr>
<tr>
<td>Chicken Salad Roll</td>
<td>$4.70</td>
<td>Moove Milk 300ml</td>
<td>$2.20</td>
</tr>
<tr>
<td>Ham Salad Roll</td>
<td>$4.70</td>
<td>Juice 300ml/375ml</td>
<td>$2.20</td>
</tr>
<tr>
<td>Corn Meat Salad Roll</td>
<td>$4.70</td>
<td>Water 600ml</td>
<td>$2.00</td>
</tr>
<tr>
<td>Chicken Salad Sandwich</td>
<td>$4.20</td>
<td>Small Water</td>
<td>$1.00</td>
</tr>
<tr>
<td>Salad Sandwich</td>
<td>$3.60</td>
<td>Soft Drink 600ml</td>
<td>$3.20</td>
</tr>
<tr>
<td>Egg &amp; Lettuce Sandwich</td>
<td>$3.60</td>
<td>Soft Drink 390ml</td>
<td>$2.60</td>
</tr>
<tr>
<td>Curried Egg Sandwich</td>
<td>$2.80</td>
<td>Quench</td>
<td>$1.80</td>
</tr>
<tr>
<td>Vegemite Sandwich</td>
<td>$2.80</td>
<td>Plain Milk 600ml</td>
<td>$2.00</td>
</tr>
<tr>
<td>Cheese Sandwich</td>
<td>$2.80</td>
<td>Focus Water</td>
<td>$1.80</td>
</tr>
<tr>
<td>Ham, Cheese &amp; Tomato</td>
<td>$2.90</td>
<td>Hot Chocolate (term 2 &amp; 3)</td>
<td>$1.50</td>
</tr>
<tr>
<td>Cheese &amp; Tomato</td>
<td>$2.60</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Corn Meat &amp; Pickles</td>
<td>$2.90</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>SNACKS</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meat Sandwich</td>
<td>$2.80</td>
<td>Fresh Fruit Salad (Term 1 &amp; 4)</td>
<td>$2.50</td>
</tr>
<tr>
<td>Chicken Salad Wrap</td>
<td>$4.70</td>
<td>Fresh Water Melon (Term 1 &amp; 4)</td>
<td>$2.50</td>
</tr>
<tr>
<td>Thai Chicken Salad Wrap</td>
<td>$4.70</td>
<td>Deli Rock Chips</td>
<td>$1.00</td>
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<tr>
<td>Salad Wrap</td>
<td>$4.20</td>
<td>JJ's Chips</td>
<td>$1.00</td>
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<tr>
<td>Meat Salad Wrap</td>
<td>$4.70</td>
<td>Cheese Rice Sticks</td>
<td>$1.00</td>
</tr>
<tr>
<td>Salad Box</td>
<td>$4.80</td>
<td>Chicken Jumpy's</td>
<td>$1.00</td>
</tr>
<tr>
<td>Chicken Salad Box</td>
<td>$5.80</td>
<td>Eucalyptus Drops</td>
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<tr>
<td>Bread Roll (extra)</td>
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<td>Butter Bread</td>
<td>.90</td>
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<td>Toasted Sandwich (order)</td>
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<td>Extra Fillings</td>
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<tr>
<td>Butter/Mayo or Mustard</td>
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<tr>
<td><strong>ICE CREAMS</strong></td>
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<td>HOT FOOD</td>
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<tr>
<td>Chicken Wedge/Dino</td>
<td>$2.80</td>
<td>Paddle Pops</td>
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<td>Pop Corn Chicken</td>
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<td>Frozen Fruits</td>
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<tr>
<td>Pizza Single (Ham &amp; P/Appie)</td>
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<td>Frozen Yoghurt</td>
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<td>Paddle Pop Lemonade Twist</td>
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<tr>
<td>Chicken Burger</td>
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<td>Juice Ice Block</td>
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<td>Chicken Burger w Salad</td>
<td>$4.20</td>
<td>Milo Cups</td>
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<tr>
<td>Plain Pies</td>
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<tr>
<td>Sausago Rolls</td>
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<td>Chicken &amp; Bacon Pie</td>
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<td>Tomato</td>
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<tr>
<td>Potato Pie</td>
<td>$2.90</td>
<td>BBQ</td>
<td>.40c</td>
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<tr>
<td>Mamee Cup Noodles</td>
<td>$2.00</td>
<td>Sweet &amp; Sour</td>
<td>.40c</td>
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<tr>
<td>Chicken Gravy Roll</td>
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<td>Rissole Gravy Roll</td>
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<td>Cheese Burger</td>
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<tr>
<td>Chicken Chippies (6)</td>
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<tr>
<td>Chicken Nuggets (6)</td>
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<td>Garlic Bread</td>
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<td>Meat Ball Subs <strong>NEW</strong></td>
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**SAUCES**

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<tr>
<th>ITEM</th>
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<tbody>
<tr>
<td>Tomato</td>
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<tr>
<td>BBQ</td>
<td>.40c</td>
</tr>
<tr>
<td>Sweet &amp; Sour</td>
<td>.40c</td>
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![Image of wrapped sandwiches]
## Price List

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<td>Girls</td>
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<td>Snr Blouse Lemon</td>
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<tr>
<td>Snr Skirt</td>
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<tr>
<td>Bootleg slacks</td>
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<tr>
<td>Boys</td>
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<td>Others</td>
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<td>Socks 5pr</td>
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</table>

### Opening Hours:
- **Tuesday:** 8:00am - 12:00noon
- **Thursday:** 12:30pm - 4:30pm
**Canteen Roster 2015**

25 May  
K. Cresswell

26 May  
Volunteer Required

27 May  
Volunteer Required

28 May  
Volunteer Required

29 May  
Volunteer Required

1 June  
K. Cresswell

2 June  
Volunteer Required

3 June  
K. Hobbs

4 June  
Volunteer Required

5 June  
Volunteer Required

---

**Premier Fitness and Martial Arts Centre**

Join us at Rutherford’s Premier Fitness and Martial Arts Centre

- Les Mills fitness classes
- Zanshin Ju Jitsu
- Childcare
- Kids chill zone
- Kickboxing classes
- Kids martial arts
- Personal training

Ask about our great rates TODAY! No lock in contracts

0401 199 913  
11 Bradmill Ave, Rutherford

---

Rutherford Technology High School has launched its Official Facebook Page – just go to Facebook and look for “Rutherford Technology High School NSW Official Site” and click on “Like”.

We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.


---

**Rutherford Mechanical Repairs**

All mechanical repairs

- Fuel Injection
- LPG Servicing
- Pink & Blue Slips
- Manufactures Handbook Services
- MVR License Number 23961

Call **DAVID** on **49325 982**

27 John Street, Rutherford

Just Off Hwy Opposite Telarah Railway Station.
AN INVITATION TO CARERS

Do you provide care and support to another person?
You are invited to Carer Connections
Take the Opportunity to Connect with other Carers and listen to our Guest Speaker!

Carers are usually family members or friends who provide support to children or adults who have a disability, mental illness, chronic condition or who are frail aged.

Guest Speaker: National Disability Insurance Agency

Topic: NDIS Community Conversation

The National Disability Insurance Scheme will begin its roll out in the Maitland area commencing 1 July 2015. It supports people up to the age of 65 with a permanent and significant disability. Want to know more then this Session is for you!

Where: East Maitland Bowling Club, Bank Street, East Maitland

TIME: 10.00am – 12.00pm

COST: Free - includes Morning Tea

WHEN: Monday 25 May 2015

RSVP: Wednesday 20 May 2015

For more information or to Register Contact HNE Carer Education & Support Program – Hunter

on: 4921 4895 or 1300 887 776
or Email: Educare-Admin@hnehealth.nsw.gov.au
(We ask that you RSVP for catering purposes)
CHANGES TO STUDENT INFORMATION

Student's Surname: __________________________
Student's First Name: _______________________
Year: __________ Date today: ________________

New Address: __________________________________________________________

Postcode: ___________________________

New Carer Information: __________________________________________________
(Carer changes that may need to be made to current records)

New Carer Phone Numbers: ___________________________

New Home Phone Number Mother: __________________ Father: ________________
New Mobile Number Mother: __________________ Father: ________________
New Work Number Mother: __________________ Father: ________________

New Email Address

New Emergency Contacts:
Name: __________________________ Name: __________________________
Home: __________________________ Home: __________________________
Mobile: ________________________ Mobile: ________________________
Relationship to student: __________ Relationship to student: __________

Name of person making changes __________________________ relationship to student

SPORT ON THURSDAY IS COMPULSORY

IF YOU NEED YOUR CHILD TO LEAVE SCHOOL TO ATTEND AN APPOINTMENT, PLEASE ENSURE THAT YOU SEND A NOTE WITH THEM IN THE MORNING. THE STUDENT WILL THEN BE ISSUED WITH AN EARLY LEAVERS PASS.